



The Buddhist Place
c/o 588 Stewart St.
Peterborough, ON
K9H 4C1
www.buddhistplace.org

The Buddhist Place provides an environment in which people can learn and practice the teachings of the Buddha. Various events are organized to further Dharma practice and to increase awareness of Dharma in the Peterborough area. These include regular meditation and discussion meetings and Dharma teaching by visiting monastic and lay teachers from different Buddhist traditions.

The Buddhist Place operates through the volunteered time of members. There are monthly planning meetings to oversee the day-to-day operations. We invite your participation at the meetings to plan and organize Buddhist Place events.

The Buddhist Place is a registered charity governed by a board of directors.

On-going Activities

Location: St. John's Anglican Church
99 Brock St., just east of Water Street

Sitting Meditation

Wednesday evenings: 7:00 - 8:30 p.m.
*Meditation with some instruction, Loving-kindness meditation,
Dharma reading and discussion*
Saturday morning: 8:10 - 9:30 a.m.
Reflection, meditation and chanting

Other Activities

Monthly pot-luck breakfast and planning meeting
(1st Saturday morning of each month following morning meditation - open to all)
Days of Mindfulness
Dharma talks
Wesak Celebration

Visit the website for information about upcoming events

Or Phone:

Michelle - 705-775-4567
Susan - 705-760-9157

Membership

General Member: \$20.00 per year - membership renewal annually at the end of the calendar year

You can become a supporting member by making regular contributions over and above the annual general membership fee.

All members have equal rights and privileges.

Please complete the Membership Application and submit with membership fee to the donation box or mail to The Buddhist Place, c/o 588 Stewart Street, Peterborough, ON K9H 4C1. Membership Applications are available online or at The Buddhist Place.

Please make all cheques payable to: The Buddhist Place

Tax Receipts are issued annually for all donations. If you would like a tax receipt be sure to provide your name and full mailing address with your donation. Envelopes are available in the donation box for this purpose if you are paying in cash

Dana

In Pali, the language spoken by the Buddha, dana means generosity. In the Buddha's teaching dana is considered to be instrumental in freeing the heart and mind. Traditionally, teachers of the Dharma provide the teachings freely and receive offerings in return to sustain themselves and their communities. Many teachers today are continuing this tradition, relying on support from the lay community for their livelihood.

Suggested donations for events may be advertised. The suggested donation covers the cost of the event and does not include payment to the teachers. We recognize that the suggested donation may be out of reach for some. If this is the case, please give whatever amount you can. If you are able to offer more than the suggested donation, it will be gratefully accepted.

Suggested Reading

This is just a partial list of the many dharma books.

The Experience of Insight	Joseph Goldstein
A Gradual Awakening	Stephen Levine
Wherever You Go, There You Are	Jon Kabat-Zinn
A Path With Heart	Jack Kornfield
Zen Mind, Beginner's Mind	Shunryu Suzuki Roshi
The Middle Length Discourses of the Buddha	Nanamoli & Godhi
The Dhammapada	Thomas Byrom
The Sutta Nipata	H. Saddhatissa
What the Buddha Taught	Walpla Rahula
The Life of the Buddha	Nanamoli
Freedom From the Known	J. Krishnumurti
Buddhism Without Beliefs	Stephen Batchelor
The Miracle of Mindfulness	Thich Nhat Hanh
Cutting Through Spiritual Materialism	Chogyam Trungpa
The Path of Compassion	Fred Epsteiner
Light On Enlightenment	Christopher Titmus
Stories of The Spirit, Stories of The Heart	J. Kornfield & C. Feldman
A Heart as Wide as the World	Sharon Salzberg
Buddhism Plain and Simple	Steve Hagen
Everyday Zen	Joko Charlotte Beck
The Wonder of Presence	Toni Packer
An Open Heart	The Dalai Lama
When Things Fall Apart	Pema Chodron
Food for the Heart	Ajahn Chah
The Mind and the Way	Ajahn Sumedho

Sources

Most of these books should be available from any bookstore, on order.

Some are more difficult to obtain. Sources which provide mail order service include:

Source Books, 35 Lochern Rd., London ON N5Z 4L5 (519) 681-1611

Pariyatti Book Service, P.O. Box 15926, Seattle, WA 98115

Parallex Press, P.O. Box 7355, Berkeley, CA 94707

Snow Lion Publishing, P.O. Box 6483, Ithaca NY 14851

Wisdom Publications, 361 Newbury St., Boston MA 02115

The Buddhist Place has many books which have been provided for free circulation as dana by Buddhist individuals and groups around the world.

These books are available at regular sitting sessions and other events.

Dharma on the Internet

Buddhism in Canada (*list of centres, retreats and links*)

www.buddhismcanada.com

Dharmanet (*information and links - an encyclopedia of Buddhism*)

www.dharmanet.org

Buddha Dharma Education Assoc.

www.buddhanet.net/

Audio Dharma

<http://www.audiodharma.org/>

Access to Insight (*information and links, many Sutras*)

www.accesstoinsight.org

Dharma Web

<http://www.dharmaweb.org/>

Insight Meditation Society

www.dharma.org

Dharma Seed Tape Library

www.dharmaseed.org

Shambala Sun (*archive of articles*)

www.shambhalasun.com/

Journals

Tricycle: The Buddhist Review

Published quarterly

Shambhala Sun

The Shambhala Sun is a Buddhist-inspired magazine, applying the wisdom of the world's great contemplative traditions to the arts, social issues, politics and life.

Published monthly

BuddhaDharma

Buddhadharma: The Practitioner's Quarterly is the first in-depth, practice-oriented journal for everyone with a serious interest in Buddhism.

Published quarterly

Inquiring Mind is a semi-annual journal. Published April and October.

Available by subscription. PO Box 9999, Berkeley, CA 94709-0999